CERN Basketball Club

The CERN Basketball Club welcomes all people at CERN (and surroundings) interested in playing basketball.

The main aim of the club is to have fun playing basketball.

We have two teams, CERN 1 and CERN 2 which participate in the competitions organized by the Groupe Autonome du Basket GAB in Geneva.

These competitions are:

- Championship
- Cup

To play in any of these competitions, players must have a signed license.

For the season 2020/2021, trainings will be held regularly at these locations (check the detailed schedule that will be sent on the mailing list every week):

<table>
<thead>
<tr>
<th>Tuesdays</th>
<th>Wednesday</th>
<th>Thursdays</th>
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<tbody>
<tr>
<td>20:00 - 21:45</td>
<td>20:00 - 21:45</td>
<td>20:00 - 21:45</td>
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<tr>
<td>Ecole de Commerce André</td>
<td>Collège de Budé (Map)</td>
<td>Gymnasmium De La Diamanterie (Map)</td>
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<tr>
<td>Chavanne André (Map)</td>
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<tr>
<td>14, avenue Trembley</td>
<td>Chemin Briquet 4</td>
<td>431 Rue Simone Veil</td>
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<tr>
<td>1209 Geneve (SUISSE)</td>
<td>1209 Geneve (SUISSE)</td>
<td>01630 Saint-Genis-Pouilly (FRANCE)</td>
</tr>
<tr>
<td>Gym is closed during Swiss</td>
<td>Gym is closed during Swiss</td>
<td>Gym is closed during Christmas Break,</td>
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<tr>
<td>school Holidays and Swiss</td>
<td>school Holidays and Swiss</td>
<td>Summer Break, (July and August) and</td>
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<tr>
<td>days off</td>
<td>days off</td>
<td>French days off</td>
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Season started 1st September

How to join the club:

The CERN basketball club holds regular trainings every Tuesday, Wednesday and Thursday at 20H00 at the locations indicated above. Some training sessions (usually on Tuesdays) are dedicated to GAB fixtures and thus training schedules change weekly.

*NOTE: Due to the current COVID’19 pandemic the club has stopped all activities as of Monday 26th October 2020. Please email the club to check the situation before joining a session.*

For new players interested in joining the club we always apply the same principles:
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1. We ask you to join at least 2 - 3 training sessions so that you may see how we operate and we can meet eachother.
2. If you are happy with the club, and we have available spaces on a team, the committee and coach(es) will ask you to join a team.
3. If you want to join a team you must contribute with the Club membership fee (160/160 CHF per year for CERN 1/CERN 2, GAB license included) and you must buy a CERN uniform (150 CHF). The uniform is composed of 2 jerseys and 1 pair of shorts.
4. If you don't want to join a team, or there is no space, you can attend the regular training sessions. You will be asked to contribute a reduced membership fee (40 CHF).

Inscription Details

For further information concerning the activities of the basketball club you may send an email to one of the committee members or subscribe directly to our mailing list in the CERN egroup interface (go to http://cern.ch/egroups and subscribe to club-basketball).

There is a weekly email announcing that weeks training schedule and fixtures, and the compulsory doodle poll for contact tracing, please add yourself to the mailing list if you want to join the club.

We are always happy to take new players (except where COVID prevents this), even if you are only visiting for a short period of time!

Contacts:

- President: Borja Fernandez Adiego
- Coach: Haroon Rafique
- Treasurer: Jeronimo Ortola Vidal
- E-mail: club-basketball-committee@cernNOEMAIL.ch

CERN Basketball Club COVID Regulations:

1. People with symptoms should not attend. Typical COVID-19 symptoms are: a persistent, dry cough, a sore throat, fever, i.e. a body temperature above 37.5 °C, a loss of taste and/or smell. Please be responsible before attending any session or match.
2. Body contact is only permitted on court during training or game time. At all other times players will keep a distance of 2 metres, and will wear a mask. Players will not shake hands or high five.
3. Doodle polls are now COMPULSORY for all training sessions and matches. If in doubt please mark your attendance as a maybe, the doodle will be updated at training as a means of recording attendance for contact tracing purposes, please write your full name at least 1 hour before training begins.
4. There may be no access or restricted access to bathrooms and changing rooms, therefore:
5. All players should arrive ready to play, in their kit, wearing a tracksuit over it if required. There will be no changing of clothes permitted on court except for removing or putting on a tracksuit, and changing of footwear.
6. It is recommended that players use separate shoes to play where possible, and keep the soles of on-court shoes clean, the club will try to provide sanitising wipes but it is your responsibility to make sure your footwear is clean - remember that the basketball introduces contamination between the floor and our hands.
7. All basketballs will be sanitised before and after use, do not use your own ball unless it has been properly cleaned using disinfectant wipes or similar immediately before playing (not 20 minutes ago at home, or in the car).
8. Regularly sanitise your hands especially before and after training - in training regular breaks will be provided to do so. Please bring individual hand sanitiser for your own protection in case there is no access to soap & water. The club will try to provide hand sanitiser but this may take some days to

How to join the club:
arrange large enough quantities.

9. Please bring enough bottled water for yourself (do not share), it is also recommended to bring a towel.

10. The club retains the right to remove any player from training, matches, and/or the club if these regulations, and additional regulations from Groupement Autonome de Basket-ball Genève (GAB), are not followed explicitly. Please help us to maintain safe conditions and thus allow the club to continue operating for the duration of the pandemic.

11. Follow additional regulations set out in the weekly email.

If you have any of the COVID symptoms or you have been tested positive:

1. You are allowed to join the trainings after 13 days (from the day the symptoms started or the test was done), with at least 72 hours without symptoms.
2. If after these 13 days, you still have symptoms, don’t join the training until you have passed some extra 72 hours without symptoms.

GAB Training Regulations:

1. The following five principles should be observed during training:
2. No symptoms during training. People showing symptoms of illness are NOT allowed to participate in workouts. They must stay at home, even be isolated, and contact their doctor.
3. Keep your distance. During the outward journey, upon arrival at the sports facility, in the changing rooms, during discussions, during the shower, after training and on the way home - in these and similar situations, keep a distance of 1.5 meters from other people and forgo handshakes or high five. When the distance cannot be guaranteed, it is necessary to wear a mask or install a separation appropriate (e.g. plexiglass). Body contact is only permitted in all sports, time of the actual training.
4. Wash your hands thoroughly. Hand washing plays a key role in hygiene. It is therefore important to wash your hands with soap, before and after training, to protect yourself and those around you.
5. Establish attendance lists. On request, close contacts must be able to be certified to the health authorities for 14 days. To simplify the tracking of people, the club maintains attendance lists for all training sessions. The person responsible for training is responsible for keeping an exhaustive and accurate list as well as give to the person responsible for the coronavirus plan (see point 5). The club is free to decide on the form under which he wishes to keep these lists (for example: doodle, application, Excel, etc.).
6. Designate a responsible person within the club Each organization that plans to resume training must appoint a plan manager coronavirus. This person is responsible for ensuring that the regulations are followed. In our club this is Borja Fernandez. If you have any questions, please contact him/her directly (Tel. +41 75 411 0736 or borja.fernandez.adiego).

GAB Match Regulations:

1. People with symptoms are not allowed to participate in training and/or matches. They must stay at home, even be isolated, and contact their doctor.
2. Wearing a mask is compulsory in the school from the entrance to the hall.
3. Please wash your hands with hydroalcoholic gel or soap before training or matches.
4. Access to changing rooms and showers is prohibited. Changing rooms and showers must not be used. Please come already changed and in tracksuit. Only the change of shoes can be done in the room.
5. Access to the hall is prohibited for teams playing the following matches, as long as a match is in course and the cleaning is not performed. Only team leaders will be able to access it in order to complete the game sheet.
6. Despite the cleaning in principle carried out by the previous occupants, it is strongly recommended teams to disinfect the bench and all contact surfaces.
7. To ensure traceability during training, the team manager must establish a list of players present (and possibly accompanying persons) and keep it for 1 month. She must be able to be presented to health
authorities in the event of a request. With the same concern for traceability during matches, all the players present as well as the referees must appear on the match sheet. Accompanying persons must indicate their contact details full details (surname, first name and telephone number) on the back of the game sheet. In the event of a refusal, the person will have to leave the room. The match sheet will be kept by the Groupement Autonome de Basket-ball Genève - GAB. In case request, it will be sent to the health authorities.

8. Please refrain from handshaking and high five.
9. After training and / or matches, wash your hands with hydroalcoholic gel or with soap before leaving the room.
10. The person in charge of each team is responsible for disinfecting the benches and the contact surfaces which have been used by its players.
11. Wearing a mask is compulsory in the school from the classroom until leaving the establishment.
12. In general, before and after the meeting, please respect the standards set by the OFSP
13. Accompanying persons are no longer allowed at matches, only the players, coaches, and referees.
14. The player/coach performing the score sheet or clock must wear a mask.

**Team Photos:**

3rd Place on the mini GAB Tournament - March 2014
Happiness after the victory during GAB Cup tournament 2007-08

Links

- Facebook Group
- Photos gallery
- Positions in the competitions

This topic: SocialActivities > BasketballClub
Topic revision: r40 - 2020-10-26 - HaroonRafique